

Jaylin Cressy, DNP, APRN, FNP-BC

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Education

DNP	Loyola University New Orleans, New Orleans, LA Degree: Doctor of Nursing Practice Major: Nursing Dissertation: "Improving the Competency and Retention of New Graduate Registered Nurses in the Emergency Department" Committee: Antiqua Smart, DNP, APRN, FNP-BC, PHNA-BC (chair), Melissa Wafer, MSN, RN, CEN (advisor)	May 2022
BSN	Southern University and A and M College, Baton Rouge, LA Degree: Bachelors of Science in Nursing Major: Nursing Delores Spikes Honors College Thesis: "Compassion Fatigue Among Emergency and Acute Care Nurses" Advisor: Cheryl Taylor, PhD, RN	May 2017

Teaching Experience

Franciscan Missionaries of Our Lady University (BSN) December 2023-Present

Baton Rouge, LA

Assistant Professor- Course Lead

- Developing comprehensive course curriculum including lectures, labs, and case studies focusing on engaging active learning strategies
- Designing and implementing hands-on class and lab activities to enhance practical application of fundamentals of nursing concepts.
- Providing individual student feedback and support to optimize learning outcomes.
- Providing academic advisement and mentorship to students, guiding them in their academic and professional development.
- Facilitating student assessments and feedback to monitor progress and provide individualized support as needed.

Baton Rouge General School of Nursing (Diploma) June 2022- Present

Baton Rouge, LA

Adjunct Clinical Faculty (1/2024- Present)

Assistant Professor/Academic Advisor (6/2022-1/2024)

- Promoting clinical experiences that advocate reflective practice and apply critical thinking while incorporating didactic education

- Providing instruction in an accelerated RN program to non-traditional pre-licensure students
- Effectively planning and teaching courses in a clinical, virtual, and classroom environment to students
- Following and updating syllabi for assigned courses to communicate the expectations and schedule for the classwork
- Collaborating with faculty and staff to continuously improve and adapt the student experience to meet the needs of the student, community, and institution

Baton Rouge Community College School of Nursing (ASN) August 2023- Present

Baton Rouge, LA

Adjunct Clinical Faculty

- Promoting clinical experiences that advocate reflective practice and apply critical thinking
- Reinforcing concepts taught in the ASN curriculum
- Supporting students in using methods of problem solving and high-level thinking in nursing and personal relationships, through individual and clinical group conferences
- Collaborating with faculty and staff to continuously improve and adapt the student experience to meet the needs of the student, community, and institution
- Evaluating student clinical progress and maintaining records regarding performance during clinical

Our Lady of the Lake Regional Medical Center

August 2018-Febrary 2020

Baton Rouge, LA

Clinical Nursing Education Liaison, Emergency Department

- Implementation and evaluation of a quality improvement program with the goal of new graduate ER nurse retention and readiness to practice.
- Working in collaboration with an interdisciplinary team and determining the need for consultation with other health professionals on the unit to help create an environment conducive for an onboarding nursing experience.
- Providing support and professional development for ED nurses serving as preceptors to students and serving as a mentor for student nurses.
- Working in collaboration with an interdisciplinary team including the ED supervisors, nurse manager, and charge nurses to assess the educational needs of new graduate registered nurses and formulating orientation goals, presentations, and skill simulations for 16 new graduate nurses
- Providing educational leadership to new graduate registered nurses beginning their careers in the emergency department.
- Developing and implementing an onboarding emergency department transition to practice program
- Educating new graduate RNs on new ER equipment, supplies, instruments, and policies
- Ensuring continuous improvement of workplace safety and environmental practice

Practice Experience

Magnolia Restorative Care and Wellness

June 2022- Jan 2025

Baton Rouge, LA

Nurse practitioner

- Providing cost-effective health promotion, preventative care, and disease management to adults
- Diagnosing and treating acute and chronic medical conditions
- Collaborating with a diverse and dynamic interdisciplinary team including an integrative MD, Chiropractor, Massage Therapist, and Acupuncturist.
- Creating and implementing patient engagement strategies to support patient education and empowerment

Ochsner Medical Center – The Grove

March 2020-Feburary 2023

Baton Rouge, LA

Staff Registered Nurse (PACU)

- Participating as a clinical staff nurse recovering and managing the care of surgical patients immediately post operatively
- Utilizing critical thinking skills and prompt electronic care documentation in a fast-paced critical care environment
- Assessing the needs of patients recovering from general and MAC anesthesia across the lifespan from pediatrics to geriatrics
- Educating patients and their responsible party on post-operative discharge criteria and instructions such as follow up appointment scheduling, and home medication management
- Providing patient centered care while working on a dynamic interprofessional team

Ochsner Medical Center – The Grove

March 2020-Feburary 2023

Baton Rouge, LA

Charge Nurse (Medical Surgical Unit)

- Managing admissions, transfers, and discharges on a medical surgical unit
- Encouraging and maintaining a unit culture of productivity and professionalism.
- Maintaining inventories of medical supplies and medicines
- Coordinating patients care and treatment plans with physicians, nurses, and ancillary team members to promote continuity of medical care

Our Lady of the Lake Regional Medical Center

May 2017 to December 2020

Baton Rouge, LA

Staff Registered Nurse (Emergency Care Unit)

- Formulating nursing plan of care based on trends of patients, including patient education and discharge teaching in a level one Trauma Center

- Tailoring and prioritizing caring practice to individual needs, including cultural/ethical/ and spiritual needs
- Training and mentoring new graduate nurses entering the ECU to support and promote staff retention and training.
- Applying expertise in prompt patient condition assessment upon arrival and during initial phases of acute conditions such as traumas, codes, myocardial infarctions, and cerebrovascular events at a heart and stroke center
- Performing medical procedures such as ultrasound guided IVs, 12 Lead EKGs, venipuncture, medication and blood product administration, and conscious sedation

Lane Regional Medical Center

June 2015 to May 2017

Zachary, LA

Telemetry Monitor Technician (Medical/Telemetry Unit)

- Monitoring, analyzing, and reporting results of continual telemetry monitored patients to registered nurses, nurse practitioners, and physicians.
- Establishing rapport with patients and family while ensuring HIPPA compliance

Honors and Awards

BSN to DNP Nightingale Award

May 2022

Loyola University New Orleans: School of Nursing

Dean's Academic Achievement Award

May 2022

Loyola University New Orleans: School of Nursing

Healthy Nurse Self Care Spotlight

May 2020

American Nurses Association

Presentations and Invited Lectures

Break the Stigma, Shine the Light- Mental Health and Wellness Webinar, “Holistic Impact of Mental & Physical Health” Guest Speaker, June 6, 2024.

Test Prep Workshop, “Building Clinical Judgment: Next Generation NCLEX Prep” Baton Rouge General School of Nursing Student Nurses Association’s Guest Lecturer, May 4, 2023.

Emergency Nursing Crash Course Lecture, Course Coordinator/Lecturer, weekly from August 2020 to November 2020

Student Workshop, “Personal Self-Care and Mental Health During the Pandemic” COVID-19 Student Support Workshop, April 15, 2020.

Thesis Defense 101 Lecture, “Thesis Defense Necessities: Preparing to Defend” Guest Lecturer, June 8, 2018.

Certifications and Licensures

Advanced Practice Registered Nurse License, [Louisiana State Board of Nursing], (5/2022-present)

License Number: 227107

Family Nurse Practitioner: [American Nurses Credentialing Center], (2/2022- present)

Registered Nurse License: [Louisiana State Board of Nursing] 2017

License Number: RN156362

BLS Certification, [American Heart Association], (5/2015- present)

ACLS Certification, [American Heart Association], (5/2017- present)

Professional Affiliations

Chi Eta Phi Sorority Incorporated Psi Phi Chapter, 2023- Present

American Nurses Association, 2017-Present

Louisiana State Nurses Association, 2017- Present

Baton Rouge District Nurses Association, 2017- Present

Emergency Nurses Association, 2018- Present

Professional Development

April 11, 2024: Patient Experience 101 CNE hosted by the BRDNA

April 8, 2024: Overview of Oncology Patient Navigation hosted by the LSU School of Nursing and LCMC

January 24, 2024: Generative AI in Nursing Education Webinar hosted by Unbound Medicine

Professional Service

Chi Eta Phi Sorority Incorporated, Psi Phi Chapter

June 2024- Present

Financial Secretary

- Managing and overseeing the financial transactions and records for the organization, ensuring compliance with budgeting and financial policies.
- Preparing detailed financial reports for organizational meetings, providing transparency and facilitating decision-making.
- Assisting with the creation and implementation of financial strategies to support the organization's goals and growth.
- Coordinating membership dues collection and maintaining accurate financial records.

- Collaborating with other officers to organize events and initiatives that aligning with the mission and objectives of the organization.

Baton Rouge Love Heals Free Clinic May 2022- Present

- Providing free clinical care to patients in the greater Baton Rouge Region twice a year

Community Team Nursing Initiative Leader August 2019 to August 2020

- Collaborating with community health professionals to initiate a weekly elderly resident check to assess vital signs, increase activity and socialization, provide care such as PEG tube feedings or ADLs to community members in need.

Electronic Medical Records Trainings

EPIC • Meditech • Athena Health • AdvancedMD • Paragon • OptiMantra

Learning Management Systems/Program Trainings

- Canvas
- Blackboard
- Moodle
- Microsoft Teams
- Castlebranch
- Exxat
- ExamSoft
- Evolve Elsevier
- ATI