

## KATHRYN T. FAKIER, PHD, RDN, LDN, FAND

Residence: 6021 Hope Estate Drive, Baton Rouge, LA 70820 | (985) 859-5552 | [Kathryn.Fakier@gmail.com](mailto:Kathryn.Fakier@gmail.com)

Office: 5414 Brittany Drive, Baton Rouge, LA 70808 | (225) 526-1984 | [Kathryn.Fakier@franu.edu](mailto:Kathryn.Fakier@franu.edu)

### EMPLOYMENT

Franciscan Missionaries of Our Lady University <b>Program Director</b> , ACEND Accredited Graduate Program in Nutrition and Dietetics Associate Professor, Master of Science in Nutritional Sciences Program School of Health Professions Baton Rouge, Louisiana	2021 - Present
Franciscan Missionaries of Our Lady University <b>Director of Clinical Education</b> , ACEND Accredited Dietetic Internship Program Assistant Professor, Master of Science in Nutritional Sciences Program School of Health Professions Baton Rouge, Louisiana	2016 – 2021
Our Lady of the Lake Regional Medical Center <b>Clinical Nutrition Manager</b> Baton Rouge, Louisiana	2015-2016
Our Lady of the Lake Regional Medical Center <b>Lead Clinical Dietitian</b> Baton Rouge, Louisiana	2014-2015
Sodexo, Our Lady of the Lake Regional Medical Center <b>Clinical Dietitian IV (relief)</b> Baton Rouge, Louisiana	2010-Present

### EDUCATION

PhD	<b>Louisiana State University</b> Baton Rouge, LA Nutrition and Food Sciences; Concentration: Human Nutrition <i>Dissertation Title: Development, Validation, and Testing of a Self-Assessment Tool to Measure Beliefs, Attitudes and Food Safety Behaviors in Healthcare Foodservice Operations</i>	2021
MS	<b>McNeese State University</b> Lake Charles, LA Major: Health and Human Performance Concentration: Nutrition and Wellness	2009
BS	<b>Louisiana State University</b> Baton Rouge, LA Major: Nutritional Sciences Concentration: Dietetics	2008

### CREDENTIALS

RDN	<b>Registered Dietitian Nutritionist</b> CDR #987551	2010-Present
LDN	<b>Licensed Dietitian Nutritionist</b> Louisiana #2233	2010-Present
FAND	<b>Fellow of the Academy of Nutrition and Dietetics</b>	2023-Present
CSO	<b>Board Certified Specialist in Oncology Nutrition</b> Commission on Dietetic Registration	2014-2019

**QUALIFYING EDUCATIONAL WORK EXPERIENCE****Dietetic Internship Certificate**

McNeese State University, Lake Charles, LA

2009

**AWARDS & HONORS**

- 2025 Promotion in Rank to Associate Professor
- 2024 Mace Bearer, Fall Graduation Ceremony, Franciscan Missionaries of Our Lady University
- 2024 Promoted to Clinical Dietitian IV within the Sodexo Clinical Nutrition Professional Career Ladder
- 2023 Fellow of the Academy of Nutrition and Dietetics
- 2022 Louisiana Academy of Nutrition and Dietetics Outstanding Dietitian of the Year
- 2019 Louisiana Academy of Nutrition and Dietetics Recognized Young Dietitian of the Year
- 2019 Promotion in Rank to Assistant Professor
- 2018 Fete des Fideles honoree recognizing "95 Years of Franciscan Service Leadership"
- 2014-2015 Outstanding Preceptor of the Year, Southern University and A&M College Dietetic Internship

**CERTIFICATIONS**

- Basic Life Support (BLS), June 2024-June 2026
- Accountable Contact for the Commission on Dietetic Registration CPEU Prior Approval Program, 2024
- Safe Environment and Child Protection Certified, East Baton Rouge Parish, 2020-Present
- ServSafe® Manager Certified, 2020-Present
- Quality Matters: Peer Reviewer (2018), Applying the QM Rubric (2017)
- Abbott Nutrition: Certificate of Training in Adult Malnutrition, 2016
- Board Certified Specialist in Oncology Nutrition through the Commission on Dietetic Registration, 2014-2019

**PROFESSIONAL AFFILIATIONS**

- Nutrition and Dietetic Educators and Preceptors Practice Group, 2017-Present
- Academy of Nutrition and Dietetics, 2007-Present
- Louisiana Academy of Nutrition and Dietetics, 2007-Present
- Baton Rouge Academy of Nutrition and Dietetics, 2014-Present

**PROFESSIONAL SERVICE****NATIONAL LEVEL**

- Chair, Nutrition and Dietetic Educators and Preceptors Practice Group Simulations Committee, 2023-Present
- Member, Nutrition and Dietetic Educators and Preceptors Practice Group Simulations Committee, 2019-Present

**STATE LEVEL**

- Reviewer, Louisiana Diet Manual, 2023
- Subject-Matter Expert, Louisiana Board of Examiners in Dietetics and Nutrition Legislative Committee, 2022
- State Policy Representative, Louisiana Academy of Nutrition and Dietetics, 2015-2018
- State Regulatory Specialist, Louisiana Academy of Nutrition and Dietetics, 2015-2016

**SERVICE TO THE UNIVERSITY**

- Fellow, Reflecting on Ethics and Catholic Healthcare (REACH), 2025-present
- Chair, Graduate Council, AY 2024-2025
- Member, DNP-NA Advisory Council, 2024
- Member, SETH Academic Support Coordinator Search Committee, 2024
- Member, Promotion in Rank Committee, 2023-Present
- Member, Graduate Council, 2021-Present
- Corresponding Secretary, Faculty Senate Executive Board, 2018-2021
- Member, Academic Review Council, 2018-2021
- Faculty Advisor, Franciscan Nutrition Association, 2021-Present
- Chair, Nutritional Sciences Advisory Committee, 2021-Present
- Chair, MSNS Director of Clinical Education Search Committee, 2021
- Member, Grievance Policy Revision Committee, 2019
- Member, Promotion in Rank Policy Revision Committee, 2019
- Member, Health and Wellness Promotion Program Assistant Professor Search Committee, 2018

- Member, Doctor of Physical Therapy Program Clinical Director of Clinical Education Search Committee, 2018

#### SERVICE TO THE COMMUNITY

- St. Jude the Apostle Home and School Board Member, Lunchroom Coordinator, 2022-Present
- Active volunteer, St. Jude the Apostle, 2020-Present

#### GRANTS AWARDED

Franciscan Missionaries of Our Lady University Endowed Professorship (**\$8,694**). Developing and Evaluating a Behavior-Based Food Safety Management Model for the Healthcare Foodservice Industry (2020-2022). **Kathryn Fakier, MS, RDN, LDN**, Assistant Professor (Primary Investigator).

Franciscan Missionaries of Our Lady University Endowed Professorship (**\$23,336**). Development of a Nutritional Sciences Skills Lab Addressing Simulation Training for the Dietetic Internship (2018-2019). Rachel Fournet, PhD, RDN, LDN, Associate Professor (Primary Investigator), **Kathryn Fakier, MS, RDN, CSO, LDN**, Instructor.

Franciscan Missionaries of Our Lady University Endowed Professorship (**\$6,000**). An Interprofessional Service-Learning Partnership: Enhancing First Year Physician Assistant (PA) Students' Knowledge in Nutrition Education Associated with Food Insecurities (2017-2019). **Kathryn T. Fakier, MS, RDN, CSO, LDN**, Instructor (Primary Investigator), Rachel M. Fournet, PhD, RDN, LDN, Associate Professor, & Rhoda A. Reddix, PhD, Associate Professor.

#### ACCREDITATION DOCUMENTS

**Fakier, K.** (2023). Franciscan Missionaries of Our Lady University Proposed Future Education Model Graduate Program (GP) in Nutrition and Dietetics Reorganization Report. Submitted September 6, 2023. Approved January 26, 2024.

**Fakier, K.** (2023). Franciscan Missionaries of Our Lady University Proposed Future Education Model Graduate Program (GP) in Nutrition and Dietetics Eligibility Application. Submitted February 15, 2023. Approved March 7, 2023.

Fournet, R., & **Fakier, K.** (2020). Master of Science in Nutritional Sciences Dietetic Internship Program – Response to ACEND Site Visit Report for the Purpose of Granting Full Accreditation. Submitted December 4, 2020. **Granted Full Accreditation by ACEND on February 12, 2021.**

Fournet, R., & **Fakier, K.** (2020). Franciscan Missionaries of Our Lady University Nutrition and Dietetics Internship Program Comprehensive Self-Study Report for ACEND (Updated). Submitted July 30, 2020.

Fournet, R., & **Fakier, K.** (2019). Franciscan Missionaries of Our Lady University Nutrition and Dietetics Internship Program Comprehensive Self-Study Report for ACEND. Submitted December 17, 2019.

Fournet, R., & **Fakier, K.** (2017). Master of Science in Nutritional Sciences Dietetic Internship Program – Response to ACEND Site Visit Report for the Purpose of Granting Candidacy for Accreditation. Submitted February 16, 2017. **Granted Candidacy for Accreditation by ACEND on March 17, 2017.**

Fournet, R. & **Fakier, K.** (2016). Master of Science in Nutritional Sciences Program – Substantive Change Prospectus for the Southern Association of Colleges and Schools Commission on Colleges (SACS-COC) accreditation. Submitted December 5, 2016. **Granted full accreditation by SACS-COC on June 26, 2017.**

Fournet, R. & **Fakier, K.** (2016). Internship Program (IP) in Nutrition and Dietetics – Candidacy for Accreditation Self-Study Report. Submitted September 20, 2016.

**Fakier, K.** and Lenard, N. (2015). Feasibility Study for the Master of Science in Nutritional Sciences, Concentration: Dietetic Internship. Baton Rouge, LA: Our Lady of the Lake College. Submitted August 27, 2015. **Final Board of Trustees Approval January 21, 2016.**

#### INVITED LECTURES

- FranU, Doctor of Physical Therapy Program, Nutrition Lecture Series, 2019-2023
- Louisiana State University, NFS 7002 (2020), NFS 3000 (2018)
- FranU, Physician Assistant Studies Program, Foundations of Clinical Medicine and Surgery I. Diseases of the Small and Large Intestine: Malabsorption, 2017-2019

## RESEARCH AND SCHOLARSHIP

## Peer Reviewed Manuscripts

**Fakier, K.,** Xu, W., & Broekhoven, S. (2022). Oncology providers' opinions on neutropenic diet and safe food handling: A descriptive qualitative study. *Food Protection Trends*, 42(5), 396-403.

**Fakier, K.,** & Xu, Wenqing. (2022). Development, validation, and testing of a self-assessment tool to measure food safety beliefs, attitudes, and behaviors in health care food service operations. *Journal of Food Protection*, 85(4), 607-614.

Fournet, R., Deyo, S., **Fakier, K.,** Jones-Thomas, T., Scott, N., & Rodriguez, K. (2022). Room of errors: Can you find risk? A competency-based learning experience. *International Journal of Health, Nutrition, and Exercise Science*, 1(1); 83-100.

**Fakier, K.** (2021). *Development, validation, and testing of a self-assessment tool to measure beliefs, attitudes and food safety behaviors in healthcare foodservice operations* [Unpublished doctoral dissertation]. Louisiana State University.

## Peer Reviewed Abstracts

**Fakier, K.,** Serio, A., & Bergeron, R. (2023). An educator's approach to placing nasogastric tubes: Interdisciplinary collaboration through simulation. *Journal of the Academy of Nutrition and Dietetics*, 123 (9), A-10.

Serio, A. & **Fakier, K.** (2023). Incorporating 2022 competency for the registered dietitian nutritionist (CRDN) 3.6 into a nutrition skills lab: Impact on students' knowledge and competence levels. *Journal of the Academy of Nutrition and Dietetics*, 123(9), A-15.

Lowenkron, B., **Fakier, K.,** & McElheny, C. (2022). Exploring advocacy and public policy educational strategies in nutrition and dietetics. *Journal of the Academy of Nutrition and Dietetics*, 122(9), A-18.

**Fakier, K.,** Fournet, R., Reddix, L., Stigler, L. (2018). Service-learning: Interprofessional simulation experience on food insecurity. *Journal of the Academy of Nutrition and Dietetics*, 118(9), A-35.

Alford, S., **Fakier, K.,** Briggs, A., Groome, D. (2018). Implementation of a malnutrition documentation program phase II: Defining malnutrition in the acute care setting. Louisiana Academy of Nutrition and Dietetics Annual Conference and Training Program Booklet. Baton Rouge, LA. April 9-10, 2018.

**Fakier, K.,** Gradney, K., Alford, S. (2017). Implementation of a malnutrition documentation program. Louisiana Academy of Nutrition and Dietetics Annual Conference and Training Program Booklet. Baton Rouge, LA. March 6-7, 2017.

## Peer Reviewed Oral Presentations: National

**Fakier, K.,** Jones-Thomas, T., Plant, M., & Mayol-Kreiser, S. (2023). Simulation 101: Incorporating simulation in nutrition and dietetics education. Virtual webinar sponsored by the Nutrition and Dietetic Educators and Preceptors Practice Group of the Academy of Nutrition and Dietetics. April 12, 2023.

**Fakier, K.** (2021). Identifying opinions of the neutropenic diet in oncology providers: A descriptive qualitative study. 12<sup>th</sup> Annual The Qualitative Review Virtual Conference. January 12, 2021.

**Fakier, K.,** & Berner, P. (2019). The sweet spot: Advancing practice through partnerships, interprofessional education, and simulation. Academy of Nutrition and Dietetics: Food and Nutrition Conference and Expo. Philadelphia, PA. October 29, 2019.

## Peer Reviewed Oral Presentations: State

Martin, K., Bates, A., **Fakier, K.,** & Serio, A. (2022). Integrating simulation, telemedicine, and IPE to improve graduate outcomes and student success. Simulation Medical Training and Education Council of Louisiana Simulation Expo. Lafayette, LA. April 29, 2022.

**Fakier, K.,** Gradney, K. (2017). Making policy our passion: State and federal nutrition efforts. Louisiana Academy of Nutrition and Dietetics Annual Conference and Training. Baton Rouge, LA. March 7, 2017.

**Oral Presentations: Non-Peer Reviewed**

**Fakier, K.** (2025). Performing bedside swallow screens: A training guide for the RDN. Virtual CPEU webinar sponsored by Sodexo. Invited guest speaker. January 22, 2025.

**Fakier, K.,** Riley, E. & Barlow J. (2024). Service-learning panel: Working together to address food insecurity in our community. 2024 Annual Community Partnership Celebration. Franciscan Missionaries of Our Lady University. May 2024.

**Fakier, K.** (2022). Reaching your full potential: Strategies for building your resume & embracing leadership opportunities. Virtual CPEU webinar sponsored by the Baton Rouge Academy of Nutrition and Dietetics. Invited guest speaker. September 2022.

**Fakier, K. & Fournet, R.** (2017). The future of nutrition and dietetics education: Tour of the Simulated Environment Teaching Hospital at FranU. Baton Rouge Academy of Nutrition and Dietetics. October 2015.

**Fakier, K.** (2014). Oncology Nutrition: Providing symptom management for optimal healing. Baton Rouge Academy of Nutrition and Dietetics. Invited guest speaker. May 2014.

**Peer Reviewed Poster Presentation: International**

**Fakier, K., & Xu, W.** (2021). Food safety knowledge and behavior of foodservice staff who serve immunocompromised patients. International Food Protection Annual Conference. Phoenix, AZ. July 21, 2021.

**Peer Reviewed Poster Presentations: National**

**Fakier, K.,** Serio, A., & Bergeron, R. (2023). An educator's approach to placing nasogastric tubes: Interdisciplinary collaboration through simulation. Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo. Denver, CO. October 8, 2023.

Serio, A., **Fakier, K.,** & Fruchtnicht, J. (2023). Incorporating 2022 competency for the registered dietitian nutritionist, 3.6 into a nutrition skills lab: Impact on students' knowledge and competence levels. Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo. Denver, CO. October 8, 2023.

Lowenkron, B., **Fakier, K.,** & McElheny, C. (2022). Exploring advocacy and public policy educational strategies in dietetics. Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo. Orlando, FL. October 9, 2022.

**Fakier, K.,** Fournet, R., Reddix, R., & Stigler, L. (2018). Service-learning: Interprofessional simulation experience on food insecurity. Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo. Washington, D.C. October 22, 2018.

**Peer Reviewed Poster Presentations: Local**

**Fakier, K. & Serio, A.** (2022). Identifying barriers to completing a community-based program addressing food insecurity: A pilot study. FranU Research and Scholarship Showcase. April 21, 2022.

Broekhoven, S., **Fakier, K.,** & Steele-Moses, S. (2021). Identifying opinions of the neutropenic diet in oncology providers: A descriptive qualitative study. Louisiana Academy of Nutrition and Dietetics Virtual Annual Conference. March 26, 2021.

Fournet, R., & **Fakier, K.** (2019). Room of errors: Can you find risk? A competency-based learning experience. Louisiana Academy of Nutrition and Dietetics Annual Conference and Training. Baton Rouge, LA. April 9, 2019.

Alford, S., **Fakier, K.,** Briggs, A., Groome, D. (2018). Implementation of a malnutrition documentation program phase II: Defining malnutrition in the acute care setting. Louisiana Academy of Nutrition and Dietetics Annual Conference and Training. Baton Rouge, LA. April 10, 2018. *(Also presented poster at the 2018 Annual OLOLRMC Safety and Quality Showcase, awarded "Fan Favorite")*

**Fakier, K.,** Gradney, K., Alford, S. (2017). Implementation of a malnutrition documentation program. Louisiana Academy of Nutrition and Dietetics Annual Conference and Training. Baton Rouge, LA. March 7, 2017. *(Also presented poster at the 2017 Annual Franciscan University Faculty Research and Scholarship Showcase and 2017 Annual OLOLRMC Safety and Quality Showcase)*

**HOSTED WORKSHOPS AND TRAININGS**

Bailey, A. (2024). Interprofessional approach to parenteral nutrition management with dietitians and PharmDs. Commission on Dietetic Registration Approved CPEU event. Franciscan Missionaries of Our Lady University. April 17, 2024. **CPEU host & provider.**

Fournet, R., & **Fakier, K.** (2020). The new norm: Navigating our way through alternative learning environments. FranU MSNS-DI Program Virtual Workshop. August 21, 2020.

Fournet, R., & **Fakier, K.** (2019). Practice makes perfect: Dietetic interns and preceptors engaged in simulation and debriefing exercises. FranU MSNS-DI Program Workshop. August 23, 2019.

Fournet, R., & **Fakier, K.** (2018). Preceptor and intern success: Management of resources, emotional intelligence skills and research pursuits. FranU MSNS-DI Program Workshop. August 24, 2018.

Fournet, R. & **Fakier, K.** (2017). Enhancing preceptor and intern success through learning, communication, and assessment strategies. FranU MSNS-DI Program Workshop. August 25, 2017.

**Fakier, K.** & Gradney, K. (2017). Public policy workshop. Louisiana Academy of Nutrition and Dietetics Continuing Education Workshop. May 23, 2017.

Austhof, S. (2015). Learn to diagnose malnutrition: Nutrition focused physical exam workshop. Nestle Nutrition Institute and Our Lady of the Lake Regional Medical Center Continuing Education Workshop. October 23, 2015. **Workshop coordinator and host.**

**Fakier, K.**, Gradney, K., & Duhon, J. (2015). Louisiana dietitians and the 2015 legislative session: How we are making progress and what lies ahead. Louisiana Academy of Nutrition and Dietetics Continuing Education Workshop. June 2, 2015.

#### EXPERT APPEARANCE

**Fakier, K.** (2014). New gluten guidelines. WAFB 9 News at 10. Subject Matter Expert. Aired August 5, 2014.

#### COURSES TAUGHT: UNDERGRADUATE

- BIOL 2320 Fundamentals in Human Nutrition. Revised course. Face-to-face course.

#### COURSES TAUGHT: GRADUATE

- NUTR 5310 Community Nutrition Policy, Programs, and Services. Online course.
- NUTR 5320 Advanced Medical Nutrition Therapy. Online course.
- NUTR 5315 Bionutrition. Online course.
- NUTR 5710 Dietetic Internship I. Blended supervised practice and face-to-face course.
- NUTR 5715 Dietetic Internship II. Blended supervised practice and face-to-face course.
- NUTR 6710 Dietetic Internship and Nutrition Research I. Blended supervised practice and face-to-face course.
- NUTR 6715 Dietetic Internship and Nutrition Research II. Blended supervised practice and face-to-face course.
- NUTR 6915 Capstone Nutrition Research Project. Online course.
- NUTR 6920 Thesis. Online course.

#### COURSES CO-DEVELOPED: UNDERGRADUATE

- NUTR 3305 Nutrition Assessment
- NUTR 4305 Human Nutrition and Metabolism
- NUTR 4310 Human Nutrition and Disease

#### COURSES CO-DEVELOPED: GRADUATE

- NUTR 5305 Advanced Methods of Nutrition Assessment
- NUTR 5305L Advanced Methods of Nutrition Assessment Lab
- NUTR 5310 Community Nutrition Policy, Programs, and Services
- NUTR 5315 BioNutrition
- NUTR 5710 Dietetics Practicum I
- NUTR 5320 Advanced Medical Nutrition Therapy
- NUTR 5325 Advanced Food Systems and Food Security
- NUTR 5715 Dietetics Practicum II
- NUTR 6720 Dietetics Practicum III
- NUTR 6310 Nutrition Education and Counseling Techniques
- NUTR 6925 Capstone Research Project
- NUTR 6920 Thesis

#### CONTINUING EDUCATION: WORKSHOPS AND TRAININGS

- 2025, Nutrition and Dietetics Educators and Preceptors Spring Meeting, Memphis, TN
- 2025, The National Catholic Bioethics Center Seminar, Menlo Park, CA

- 2024, Inclusive Teaching Workshop, Franciscan Missionaries of Our Lady University
- 2024, Food and Nutrition Conference and Expo, Minneapolis, MN
- 2023, Food and Nutrition Conference and Expo, Denver, CO
- 2023, Program Director Workshop, Accreditation Council for Education in Nutrition and Dietetics
- 2023, TEACH to REACH course, Franciscan Missionaries of Our Lady University
- 2023, Competency-Based Education, Accreditation Council for Education in Nutrition and Dietetics
- 2022, Simulation Medical Training and Education Council of Louisiana Simulation Expo, Lafayette, LA
- 2022, Food and Nutrition Conference and Expo, Orlando, FL
- 2021, Food and Nutrition Conference and Expo Virtual Conference
- 2021, The Qualitative Review Virtual Conference
- 2021, International Food Protection Annual Conference, Phoenix, AZ
- 2021, Program Director Workshop, Virtual Training
- 2020, Food and Nutrition Conference and Expo Virtual Conference
- 2019, Food and Nutrition Conference and Expo, Philadelphia, PA
- 2019, Simulation in Clinical Education Workshop, University of Central Florida
- 2018, Food and Nutrition Conference and Expo, Washington, D.C.
- 2017, Food and Nutrition Conference and Expo, Chicago, IL
- 2017, Innovations in Education: Utilizing Dietetic Simulation for Clinical Experience, Dominican University, Chicago, IL
- 2015, GE Healthcare: Lake*Lean* Performance Improvement for Leaders, Our Lady of the Lake RMC