



# Doctor of Physical Therapy

Newsletter | December 2022



As we complete the fall semester, we want to wish everyone a very happy holiday and look forward to 2023 and a great spring semester!

## FranU Open House

FranU held their Fall open house on November 12. Prospective students and parents toured the campus to see the facilities and meet the FranU family. FranU DPT students provided several demonstrations for the visitors including biomechanical research and musculoskeletal ultrasound.



*First year student Kelly Kramer demonstrates musculoskeletal ultrasound at the Open House*

## Biomechanics Education with Noraxon

Dr. Phil Page recently gave 2 lab-based lectures at the national meeting of Noraxon users in Phoenix. Noraxon is a leading manufacturer of biomechanical and EMG analysis equipment around the world. Dr. Page presented "Integrating technology in clinical gait analysis" and "Analyzing exercise prescription with surface EMG".



### GUEST SPEAKERS



**Phil Page, PhD, PT, ATC, CSCS, FACSM**  
**Associate Professor of Physical Therapy and Research Director at Franciscan Missionaries of Our Lady University**  
**Clinical Instructor of Orthopedics at Tulane University School of Medicine**  
Dr. Phil Page is a licensed physical therapist, athletic trainer, and certified strength & conditioning specialist. He graduated from LSU in physical therapy and received his master's degree in exercise physiology from Mississippi State University, as well as a doctorate in Kinesiology from LSU. He has been involved in rehabilitation and sports medicine for over 25 years. Dr. Page's clinical and research interests include the role of muscle imbalance in musculoskeletal pain, and promoting physical activity for health-related physical fitness, particularly for chronic disease management.

## DPT Student Presents to La PT Board

DPT Class of 2023 student Saya Menzies presented her research on the "Minimum Data Set" to the Louisiana Physical Therapy Board. Saya won first place for Best Student Research at the fall APTA-LA meeting, describing the demographics of the PT workforce in Louisiana.



*Saya Menzies SPT discusses her research with La PT Board chair, Judith Halverson (left).*

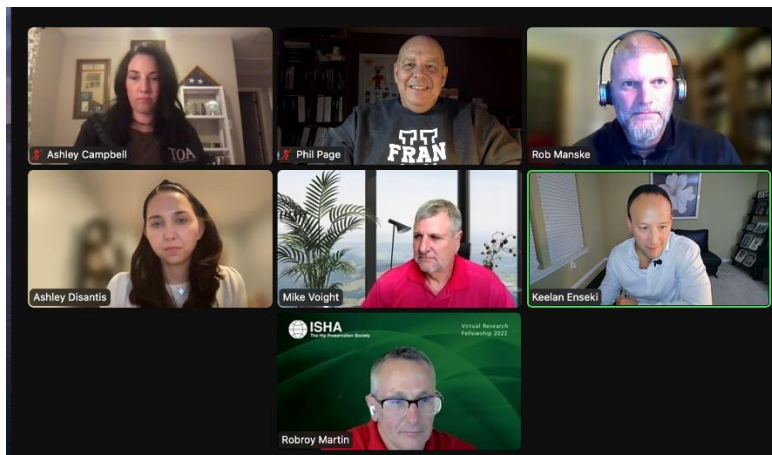
## Sports Physical Therapy Elective

FranU DPT offers students a variety of electives that help prepare them for a clinical specialization. 7 DPT students in their 3<sup>rd</sup> year completed the Sports Physical Therapy elective this fall, led by Steven Poche, PT, ATC of Traction Elite Physical Therapy. Special thanks go to the guest lecturers, Troy Prevot, Deanna Melancon, and Tabitha McReynolds of Baton Rouge Orthopedics.



FranU Sports PT elective students pose with course coordinator, Steven Poche PT ATC (2<sup>nd</sup> from left).

## IJSPT Journal Club Continues



Dr. Phil Page continues as co-host of the monthly virtual journal club held with the *International Journal of Sports Physical Therapy*. PTs and PTAs in Louisiana and Tennessee can receive 1 hour of CEU credit for the monthly webinars. If you've missed any, you can check them out on the IJSPT YouTube Channel here:

<https://www.youtube.com/c/IJSPT>

## Another Oxford Debate in the Books

In November, the 2<sup>nd</sup> year DPT students held the 3<sup>rd</sup> annual Oxford Debate on modalities. Our students battled it out over 6 controversial topics such as ultrasound and laser therapy. Teams dressed in costume and persuaded the audience with their evidence-based arguments “for” or “against” a topic.



*2<sup>nd</sup> year students (from left) Jacob Jackson, Javan Berninger, and Grayson Dubois dress as their favorite professor, Dr. Swafford, in presenting their evidence-based arguments that ultrasound is beneficial*

## Gumbo at the Turkey Bowl

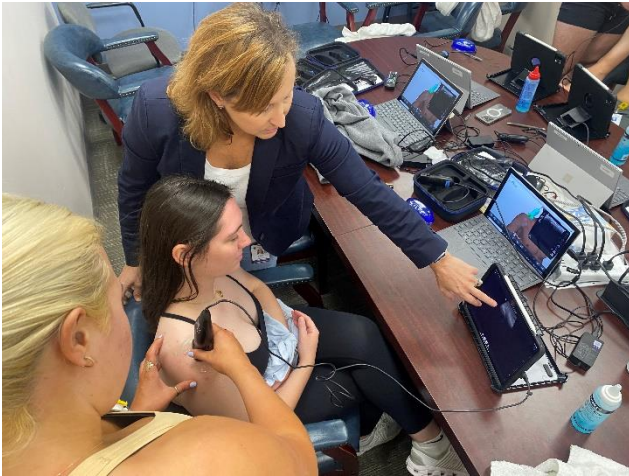
FranU DPT once again held their annual Turkey Bowl Gumbo fundraiser. The 2<sup>nd</sup> year DPT class raised money for their white coats selling over 100 bowls of gumbo.



*“Chef” Phil Page poses with sou chefs (from left) Payton Dufour, Dustin Percle, Morgan Messina and Kathryn Leger*

## FranU DPT Integrates Ultrasound Assessment

Assistant Professor Dr. Jaime Caillet was awarded a research endowment grant to implement musculoskeletal ultrasound in the FranU DPT curriculum. The class of 2025 is the first to use the Butterfly IQ system. Students learn how to perform sonography in their first year of anatomy class to identify structures and will progress to diagnostic ultrasound in their 2<sup>nd</sup> year.



*Dr. Jaime Caillet instructs first year students on using the Butterfly musculoskeletal ultrasound for shoulder evaluation*

## The End of Another Semester!



The DPT classes celebrated the end of the Fall 2022 semester with a gathering at Rock Paper Taco on Perkins (Thank you Matt and Kyle!). Well-deserved, Classes of 2024 and 2025!

# Research Presentations & Publications

Here are research citations from FranU DPT faculty, students and alumni from October through December

Thompson J, Page P, Hooper T, Sobczak S, Garcia, K, Brismée J. Novel Musculoskeletal Ultrasound Methodology to Measure Cervical Intervertebral Disc Height Found Reliable and Valid Against MRI. American Academy of Orthopaedic Manual Physical Therapists, Annual Conference, San Diego, CA, 10/2022.

Page P. Integrating technology in clinical gait analysis. Noraxon User Meeting. Phoenix, AZ. Oct. 7, 2022.

Page P. Analyzing exercise prescription with surface EMG. Noraxon User Meeting. Phoenix, AZ. Oct. 7, 2022.